

*Australian-born Tibetan Buddhist nun Robina Courtin visits Santhosa
Yoga and Meditation School on the premises of Claypot Curry House.*

Meet an International teacher venerable Robina Courtin at Santhosa in Bass Woolamai for a one day workshop.

Venerable Robina is an amazing teacher and speaker. Her wisdom teaching is practical and inspirational. Just being in a room with her is an experience in itself.

Introducing venerable Robina.....

Australian-born Tibetan Buddhist nun Robina Courtin travels the world teaching Buddhist psychology and philosophy and helping those in need. Well known for her work for 14 years with people in prisons in Australia and the US, including inmates on death row, Robina's life and work is the subject of the award-winning documentary film *Chasing Buddha* (2001) and ABC's *Key to Freedom* (2008).

Ordained since the late 1970s, Robina has worked full time since then for Lama Thubten Yeshe and Lama Zopa Rinpoche's Foundation for the Preservation of the Mahayana Tradition, a worldwide network of Buddhist centers and activities. Over the years she has served as editorial director of Wisdom Publications, editor of *Mandala Magazine*, executive director of Liberation Prison Project, and as a touring teacher of Buddhism.



Topic for the day: Live your life in the simple way as taught by Lord Buddha

When: Sunday 17th April Full day workshop 9.30 am – 4.30 pm

**Where: Santhosa Yoga & Meditation School
733 Turnbull-Woolamai Road
Woolamai**

Price: \$60.00 per person includes a vegetarian lunch and tea & coffee

A donation will be made to ven. Robina's projects

Contact details: Shirani on 0425 748 907 for reservations and ticket purchase. Limited number of places available. Book early to avoid disappointment.

Bring along: a cushion and blanket/rug/low chair